



BKMAS NEWSLETTER

December 2014

December Classes

Monday 1 st	On as normal
Thursday 4 th	Grading
Monday 8 th	On as normal
Thursday 11 th	No classes
Monday 15 th	On as normal
Thursday 18 th	On as normal last class of 2014
Monday 5 th January 2015	First class of the new year

Congratulations

Congratulations to Ronnie, Lesley, Hannah and Callum for passing their Dan grading on the 15th November....huge effort and spirit shown in their grading.

2015 Plans

Next year, there will be slight changes to the syllabus, that will mainly affect the lower Gup grades.

Current members will see little changes in the techniques

5 Codes & 7 Tenets of Tang Soo Do

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|---|--------------------------|
| 1. Loyalty to country | 1. Integrity |
| 2. Obedience to parents | 2. Concentration |
| 3. Honour friendship | 3. Perseverance |
| 4. No retreat in battle | 4. Respect and obedience |
| 5. In fighting choose with sense and honour | 5. Self-control |
| | 6. Humility |
| | 7. Indomitable spirit |

Tang Soo!