



BKMAS NEWSLETTER – March 2013

Class Prices

With the increases in hall rental it is unfortunate that I have to increase the class prices to suit.
From 1st March 2013 class prices will rise by 50p.
Seniors = £4.00 per session
Juniors = £3.00 per session
Little Ninjas will remain at £2.50

Gradings

Gup gradings will be held on the following dates:
7th March 2013
6th June 2013
5th September 2013
5th December 2013

The Dan grading will be held on
9th November 2013

Competitions/Tournaments

Aberdeen Combat Tang Soo Do
2nd Invitational Tournament
Aberdeen Sports Village
Saturday 6th July 2013
10am – 4pm
Categories:
Forms, Weapons, Sparring & Breaking
(each category £10.00 or all 4 for £35.00)
The first breaking board is free, additional ones are £2.00
Team forms will be £15.00 per team
Teams can be between 3 and 6 people
Team sparring also available....waiting for more information on this

Dragon Black Belt Academy International
Tang Soo Do Open
Sawtry Leisure Centre
Saturday 24th November 2013
More information nearer the time

Seminars

Northern Budo Alliance Gathering
Saturday 20th April 2013,
11am - 4pm
Assembly Rooms, Wick, Caithness
Kempo, Ki Aikido, Kong Soo Do

Terminology

Remember to check out the Students Area on the website. Here you can download a sheet with all the terminology we use.
Also, remember to try your best to repeat the terminology in class....this is the easiest way to learn.
As you progress through the belts the less English instruction you will receive.
During gradings instructions will be given only in Korean for higher belts.

Website

Also on the website you will find lots of aides to your training, rules, principles, how to behave in class and some other articles you may find interesting.
The site is there for you....treat it like a student manual /text book.

What is a Martial Art?

Definition:
Martial: relating to fighting or war
Art: a skill at doing a specified thing, typically one acquired through practice

In Martial Arts we have to be disciplined in what we do...not only in class but also out in everyday life too.
The rules are there for your protection as well as your progression through grades and indeed life.

Tang Soo!

"Practice makes for true knowledge"....Tuotuo, Yuan Dynasty